

HSPCF Events and Opportunities

1. What's on this Month – February 2026

February is shaping up to be an active month for the forum and our parent carers. With lots of chances for parent carers to come together, share experiences, and make sure their voices are heard.

We've got a good mix of in-person and online sessions - so hopefully there's something for everyone!

- **Three Parent Carer Check-In sessions – 5th, 12th, 26th of February.**

Thank you to everyone who attended the coffee morning with Ben Holmes at the stadium on the 5th. It was fantastic to see so many parents, including some new faces.

- **An Evening Zoom Session on the 12th of February.**

With Michaela Bridge to review any information shared during the coffee morning with Ben Holmes, with a focus on EHCPs.

- **Our family Arts, Crafts & Pizza session at Hummingbird studio – Friday the 27th of February.**

Places are still available. Please email info@haltonsendpcf.org.uk to book a place.

2. Parent Carer Coffee Morning – 12th February

Our Parent Carer Check-In sessions are relaxed and informal for parent carers to come together to chat and support one another. The next session on Thursday 12 February will be a calm and informal check-in with time to connect with other parent carers ahead of the half-term break. No booking is needed; parent carers are welcome to drop in for all or part of the session.

Time: 9.30am – 11.30am

Venue: The Heath Offices Café – Runcorn

Halton Borough Council Updates

3. Stadium Coffee Morning Online Follow-Up Session (Zoom) 12th February

This week we will be hosting a Zoom session focused on the EHCP process, with Michaela Bridge and a member of the SEND Assessment & Provision Team leading the session.

This will be a Q&A session with questions submitted in advance to help ensure that everyone gets the answers they need. Questions will be shared with the team ahead of the session allowing time to compile responses and gather any relevant resources or signposting information.

The purpose of this Zoom session is to take questions about processes and how things work, rather than to discuss individual children. As this isn't the right forum for personal or case-specific matters. Those in attendance will not be able to respond to child-specific questions during the call.

If parents or carers do need to speak to an officer about their own child, this can be picked up separately before or after the meeting.

Date: 12th February 2026 **Time:** 8pm -9pm (to avoid bedtime rush) **Zoom link:**
<https://us02web.zoom.us/j/84216768458?pwd=wIMsyVuNvUPPbEjYXYLJcK8PtUuJbf.1>

Submitting questions: Parent carers are invited to submit questions before Tuesday 10 February by emailing: info@haltonsendpcf.org.uk

4. Short Breaks Consultation - Small Grants (Have Your Say) Next Steps

Halton Borough Council has now collected feedback and questionnaire responses as part of the recent Short Breaks consultation. Thank you to everyone who took the time to share their views. The next stage will be an evaluation session where parents are invited to help assess the bids received for future Short Breaks provision. This session will support decision-making around Short Breaks provision from April 2026 onwards.

- Evaluation session: Tuesday 3 March 2026

5. 'You said, we did' Event – Save the Date.

Halton Borough Council has confirmed details for the next **Parent Carer "You Said, We Did"** event. This event gives parent carers the opportunity to hear how feedback has been used and to continue open conversations with the local area SEND partnership.

Further information to follow closer to the date.

Date: 26.03.2026
Stadium

Time: 10am - 12.00pm

Venue: Bridge Suite DCBL

Cheshire and Merseyside ICB

The following updates relate to health services and support across Halton and may be relevant for families and carers. We're resharing the information below, as these services continue to be available and may be helpful for families who missed previous updates.

6. School Immunisations – SEND Support

From January 2026, secondary school immunisations will be taking place in Halton, starting with catch-up sessions for Year 10 and 11. Additional SEND support is available to help children and young people access immunisations in a way that works for them. This includes easy-read information, social stories and tailored approaches.

Parents will receive a consent form via school (even if choosing to decline). If your child may need reasonable adjustments, it's encouraged to speak with the school in advance.

7. Mental Health Support Teams (MHST) Update

Mental Health Support Teams (MHST) will continue to roll out across Halton in 2026/27. With funding having been agreed which will bring MHST coverage in Halton up to 100%. This means more schools will be able to access early mental health and emotional wellbeing support for children and young people.

8. Neurodevelopmental Pathway (NDP) Meet & Greet Sessions

The Neurodevelopmental Pathway (NDP) team is offering 30-minute Meet & Greet appointments for families navigating the Autism and/or ADHD assessment pathways. These sessions give parents and carers the chance to: Talk through the Autism and ADHD pathways, understand what to expect from assessments, ask questions or raise concerns about their child's journey, Get signposting to local support, including ADDvanced Solutions and Family Hub services.

Where: Warrington Road Family Hub & Brookvale Family Hub **Time:** 9:30am – 1pm

Upcoming dates (up to April):

Thursday 12 February 2026 – Warrington Road

Thursday 26 February 2026 – Brookvale

Thursday 12 March 2026 – Warrington Road

Thursday 26 March 2026 – Brookvale

Thursday 9 April 2026 – Warrington Road

Thursday 23 April 2026 – Brookvale

How to book:

To request an appointment, email the NDP team at:
bchft.haltonndpmeetandgreet@nhs.net

Other Information & Support

The following information highlights additional support and resources that families may find helpful. Some of this information is being reshared, as these services and opportunities remain available and may be useful for families who missed previous updates.

9. SWRAC Widnes – Open Day Event

SWRAC Specialist College is holding an **Open Day** for parents, carers, young people and professionals to find out more about their specialist post-16 provision for individuals with EHCPs. The Open Day is open to **parents, carers, young people and professionals** who would like to: Learn more about post-16 specialist options, Explore the college environment, Meet staff and Learn more about the support and opportunities available.

Date: Friday 20 February 2026 Time: 1.00pm – 4.00pm

Venue: Victoria House, Lugsdale Road, Widnes, WA8 6DJ

Further details and contact information are included on the poster below.

10. SENDIASS Drop-in Sessions

SENDIASS are running free drop-in advice sessions for families who are not currently open to the service. Open to families who have concerns about SEND (no diagnosis needed) being informal, with no appointment needed (20–30 minute conversations)

Drop-ins run during term time at:

- **Warrington Road Family Hub** – 3rd Friday of the month
- **Brookvale Family Hub** – last Friday of the month

11. Carers Centre in Halton

For a wide range of support for carers including; advice, wellbeing support, activities and events, families are encouraged to visit Halton Carers' Centre.

They regularly share information, groups and opportunities for carers across Halton through their website and newsletter via www.haltoncarers.co.uk

12. Dad Matters

Dad Matters offers free support for fathers and anyone in a dad role, particularly during pregnancy and the early years (babies aged 0–2).

Support can include emotional wellbeing support, someone to talk to, and help connecting with local services and groups. Support is delivered locally and works closely with Family Hubs or via this link [Support for Dads](#)



Halton Send Carers Forum



haltonsendcarersforum

Haltonsendcarersforum.org.uk

To keep up to date with events, consultations, and support for parent carers, you can stay connected with us in the following ways:



Website:

www.haltonparentcarersforum.org



Email:

info@haltonparentcarersforum.org

Facebook page:

<https://www.facebook.com/HaltonSENDParentCarersForum>



Closed Facebook group (for parent carers):

Halton SEND Parent Carers Forum – Closed Group

We regularly share updates, opportunities, and reminders across our channels, so please connect in the way that works best for you.



HALTON SEND

Important Information



PARENT CARER ADVICE / SUPPORT

1 Halton Send Parent Carer's Forum



A voice to inform families with children with additional needs of the services in our local area which may be beneficial to your child.

www.haltonsendcarersforum.org.uk

2 ADDvanced Solutions



An open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them.

www.addvancedsolutions.co.uk

3 Halton Carer's Centre



Halton Carers' Centre is a network partner of the Carers Trust. We work to reach unpaid young & adult carers and develop services for them across the borough.

www.haltoncarers.co.uk

SIGNPOST FOR HALTON



1 Bridgewater



Bridgewater Community Healthcare NHS Foundation Trust. Here you will find information about all of Halton's Health services

www.bridgewater.nhs.uk/halton/

2 Sendiass



If you need some advice, guidance or support on any issues that are affecting you or your child then we're here to help. We provide impartial and confidential information and support.

www.sendiasshalton.co.uk/

3 Family Hubs



A one stop digital platform for Halton residents to use to find services, events, support groups and advice

www.haltonfamilyhubs.co.uk/



SUPPORTING CHILDREN'S MENTAL HEALTH



1 MHST

www.merseycare.nhs.uk

Our Mental Health Support Team provides direct mental health support to 45 schools in Halton. We promote the early detection and prevention of mental health problems, strengthen links with mental health services, providing direct, ongoing support around mental health and wellbeing across the whole school.



2 KOOTH

www.kooth.com

Kooth is a free digital safe and anonymous platform for support for young people. They have wellbeing activities, journals, discussion boards, tips and a free Chat and messenger option for young people to talk to someone.



3 CAMHS

www.merseycare.nhs.uk

Headz Up Halton drop-in hub
An informal drop-in café where young people up to 18 years, parents and carers can drop in to speak with a mental health professional for assessment, advice and signposting to local services.
Tues- Brookvale / Thursday Warrington Rd

WHATS ON

FEB 2026



Click & Like



Peer to peer support
and advice

HaltonSEND PARENT
Carer's Forum
Your voice counts

Halton Send Parent
Carers Forum

Informing  Empowering  Engaging



PARENT CHECK-IN

- Halton Stadium 5th Feb- 9.30-11.30 am with Ben Holmes
- Heath Café 12th Feb- 9.30-11.30 am
- Heath Café 26th Feb- 9.30-11.30



ZOOM

- Zoom with Michaela Bridge 12th February 8-9pm



EVENTS

- Sync Club 21st February
- Hummingbird Date 27th February

E-MAIL FOR INFO
Info@haltonsendpcf.org.uk

contact
For families
with disabled children

Informing♥Empowering♥Engaging

PARENT ADVICE, SUPPORT & CHECK-IN

Come and meet other parents on a similar journey to yourself. Get peer to peer advice and support along with a Coffee.



"Never underestimate the power of a chat. Its a simple act that can bring light into the darkest corners of loneliness"



Meet other parent carers



Help shape local services



Share important information



Get support & Advice



Discuss important topics

CONTACT US



Halton SEND Parent Carers Forum



info@haltonsendpcf.org



haltonsendcarersforum.org.uk



9:30-11.30am
12 FEBRUARY 2026



Venue
HEATH CAFE



Guest
N/A

contact
For families
with disabled children



ZOOM FOCUS

HBC- EHCP PROCESS

A Q & A with questions being provided in advance so we can ensure that everyone gets the answers they need.



HaltonSEND PARENT
Carer's Forum
Your voice counts



Click & Like



HAVE YOUR SAY

Thursday 12th Feb

Informing  Empowering  Engaging

If you have any questions regarding EHCP processes for Michaela Bridge or the SEND Assessment team please make sure you submit your questions to us via email by:

TUES 10TH FEB



E-MAIL FORUM:

Info@haltonsendpcf.org.uk

contact

For families
with disabled children





Click & Like

HaltonSEND PARENT Carer's Forum *Your voice counts*

Halton Send Parent
Carers Forum



ZOOM

HBC UPDATE

With Michaela Bridge

Informing ♥ *Empowering* ♥ *Engaging*



zoom link

THURSDAY 12TH FEBRUARY- 20.00-21.00 PM

Join us on zoom for a discussion with
Michaela Bridge for a Monthly update

E-MAIL- FOR INFO

Info@haltonsendpcf.org.uk

Meeting ID: 842 1676 8458
Passcode: 292330

ZOOM



contact

For families
with disabled children



HUMMINGBIRD ARTS, CRAFTS & PIZZA

join us for our monthly family friendly session at Hummingbird Art studio.

-  Meet other parent carers
-  Life Skills
-  Independence
-  Friendship

 5-7pm
27 FEBRUARY 2026

 Contact us
INFO@HALTONSENDPCF.ORG.UK

 Visit our website
HALTONSENDCARERSFORUM.ORG.UK

REGISTER VIA EMAIL



HaltonSEND PARENT
Carer's Forum
Your voice counts



JOIN US FOR OUR

SWRAC WIDNES OPEN DAY

**OPEN FOR
EVERYONE!**

Our Open Day welcomes parents, carers, potential students, employers, SEN professionals, and anyone with an interest in education and additional needs to explore our college, meet the staff and find out more about what we offer!



Get to know us!

**FRIDAY, FEB 20TH
1PM – 4PM**

Victoria House, Lugsdale Road, Widnes, WA8 6DJ

 **SWRAC-Merseyside**

 **swracmerseyside**

 **swraclearning**



CONTACT US

0330 2020 383

www.swrac.ac.uk