

### HSPCF Events and Opportunities

#### **1. What's on this Month – February 2026**

February is shaping up to be an active month for the forum and our parent carers. With lots of chances for parent carers to come together, share experiences, and make sure their voices are heard.

We've got a good mix of in-person and online sessions - so hopefully there's something for everyone!

- **Three Parent Carer Check-In sessions – 5<sup>th</sup>, 12<sup>th</sup>, 26<sup>th</sup> of February.**

Thank you to everyone who attended the coffee morning with Ben Holmes at the stadium on the 5th. It was fantastic to see so many parents, including some new faces.

- **An Evening Zoom Session on the 12<sup>th</sup> of February.**

With Michaela Bridge to review any information shared during the coffee morning with Ben Holmes, with a focus on EHCPs.

- **Our family Arts, Crafts & Pizza session at Hummingbird studio – Friday the 27<sup>th</sup> of February.**

Places are still available. Please email [info@haltonsendpcf.org.uk](mailto:info@haltonsendpcf.org.uk) to book a place.

#### **2. Parent Carer Coffee Morning – 12<sup>th</sup> February**

Our Parent Carer Check-In sessions are relaxed and informal for parent carers to come together to chat and support one another. The next session on Thursday 12 February will be a calm and informal check-in with time to connect with other parent carers ahead of the half-term break. No booking is needed; parent carers are welcome to drop in for all or part of the session.

**Time:** 9.30am – 11.30am

**Venue:** The Heath Offices Café – Runcorn

### Halton Borough Council Updates

#### **3. Stadium Coffee Morning Online Follow-Up Session (Zoom) 12<sup>th</sup> February**

This week we will be hosting a Zoom session focused on the EHCP process, with Michaela Bridge and a member of the SEND Assessment & Provision Team leading the session.

This will be a Q&A session with questions submitted in advance to help ensure that everyone gets the answers they need. Questions will be shared with the team ahead of the session allowing time to compile responses and gather any relevant resources or signposting information.

The purpose of this Zoom session is to take questions about processes and how things work, rather than to discuss individual children. As this isn't the right forum for personal or case-specific matters. Those in attendance will not be able to respond to child-specific questions during the call.

If parents or carers do need to speak to an officer about their own child, this can be picked up separately before or after the meeting.

**Date:** 12<sup>th</sup> February 2026      **Time:** 8pm -9pm (to avoid bedtime rush)       **Zoom link:** <https://us02web.zoom.us/j/84216768458?pwd=wIMsyVuNvUPPbEjYXYLJcK8PtUuJbf.1>

**Submitting questions:** Parent carers are invited to submit questions before Tuesday 10 February by emailing: [info@haltonsendpcf.org.uk](mailto:info@haltonsendpcf.org.uk)

#### **4. Short Breaks Consultation - Small Grants (Have Your Say) Next Steps**

Halton Borough Council has now collected feedback and questionnaire responses as part of the recent Short Breaks consultation. Thank you to everyone who took the time to share their views. The next stage will be an evaluation session where parents are invited to help assess the bids received for future Short Breaks provision. This session will support decision-making around Short Breaks provision from April 2026 onwards.

- Evaluation session: Tuesday 3 March 2026

#### **5. 'You said, we did' Event – Save the Date.**

Halton Borough Council has confirmed details for the next **Parent Carer "You Said, We Did"** event. This event gives parent carers the opportunity to hear how feedback has been used and to continue open conversations with the local area SEND partnership.

Further information to follow closer to the date.

**Date:** 26.03.2026  
Stadium

**Time:** 10am - 12.00pm

**Venue:** Bridge Suite DCBL



### **Cheshire and Merseyside ICB**

The following updates relate to health services and support across Halton and may be relevant for families and carers. We're resharing the information below, as these services continue to be available and may be helpful for families who missed previous updates.

#### **6. School Immunisations – SEND Support**

From January 2026, secondary school immunisations will be taking place in Halton, starting with catch-up sessions for Year 10 and 11. Additional SEND support is available to help children and young people access immunisations in a way that works for them. This includes easy-read information, social stories and tailored approaches.

Parents will receive a consent form via school (even if choosing to decline). If your child may need reasonable adjustments, it's encouraged to speak with the school in advance.

#### **7. Mental Health Support Teams (MHST) Update**

Mental Health Support Teams (MHST) will continue to roll out across Halton in 2026/27. With funding having been agreed which will bring MHST coverage in Halton up to 100%. This means more schools will be able to access early mental health and emotional wellbeing support for children and young people.

#### **8. Neurodevelopmental Pathway (NDP) Meet & Greet Sessions**

The Neurodevelopmental Pathway (NDP) team is offering 30-minute Meet & Greet appointments for families navigating the Autism and/or ADHD assessment pathways. These sessions give parents and carers the chance to: Talk through the Autism and ADHD pathways, understand what to expect from assessments, ask questions or raise concerns about their child's journey, Get signposting to local support, including ADDvanced Solutions and Family Hub services.

**Where:** Warrington Road Family Hub & Brookvale Family Hub    **Time:** 9:30am – 1pm

##### **Upcoming dates (up to April):**

**Thursday 12 February 2026** – Warrington Road

**Thursday 26 February 2026** – Brookvale

**Thursday 12 March 2026** – Warrington Road

**Thursday 26 March 2026** – Brookvale

**Thursday 9 April 2026** – Warrington Road

**Thursday 23 April 2026** – Brookvale

##### **How to book:**

To request an appointment, email the NDP team at:

**bchft.haltonndpmeetandgreet@nhs.net**

### Other Information & Support

The following information highlights additional support and resources that families may find helpful. Some of this information is being reshared, as these services and opportunities remain available and may be useful for families who missed previous updates.

#### **9. SWRAC Widnes – Open Day Event**

SWRAC Specialist College is holding an **Open Day** for parents, carers, young people and professionals to find out more about their specialist post-16 provision for individuals with EHCPs. The Open Day is open to **parents, carers, young people and professionals** who would like to: Learn more about post-16 specialist options, Explore the college environment, Meet staff and Learn more about the support and opportunities available.

**Date: Friday 20 February 2026      Time: 1.00pm – 4.00pm**

**Venue:** Victoria House, Lugsdale Road, Widnes, WA8 6DJ

Further details and contact information are included on the poster below.

#### **10. SENDIASS Drop-in Sessions**

SENDIASS are running free drop-in advice sessions for families who are not currently open to the service. Open to families who have concerns about SEND (no diagnosis needed) being informal, with no appointment needed (20–30 minute conversations)

Drop-ins run during term time at:

- **Warrington Road Family Hub** – 3rd Friday of the month
- **Brookvale Family Hub** – last Friday of the month

#### **11. Carers Centre in Halton**

For a wide range of support for carers including; advice, wellbeing support, activities and events, families are encouraged to visit Halton Carers' Centre.

They regularly share information, groups and opportunities for carers across Halton through their website and newsletter via [www.haltoncarers.co.uk](http://www.haltoncarers.co.uk)

#### **12. Dad Matters**

Dad Matters offers free support for fathers and anyone in a dad role, particularly during pregnancy and the early years (babies aged 0–2).

Support can include emotional wellbeing support, someone to talk to, and help connecting with local services and groups. Support is delivered locally and works closely with Family Hubs or via this link [Support for Dads](http://Support for Dads)



**Halton SEND  
Carer's Forum**  
Your Voice Counts



**Halton SEND  
Carer's Forum**  
Your Voice Counts



Halton Send Carers Forum



haltonsendcarersforum

[Haltonsendcarersforum.org.uk](http://Haltonsendcarersforum.org.uk)

To keep up to date with events, consultations, and support for parent carers, you can stay connected with us in the following ways:

**🌐 Website:**

[www.haltonparentcarersforum.org](http://www.haltonparentcarersforum.org)

**✉ Email:**

info@haltonparentcarersforum.org

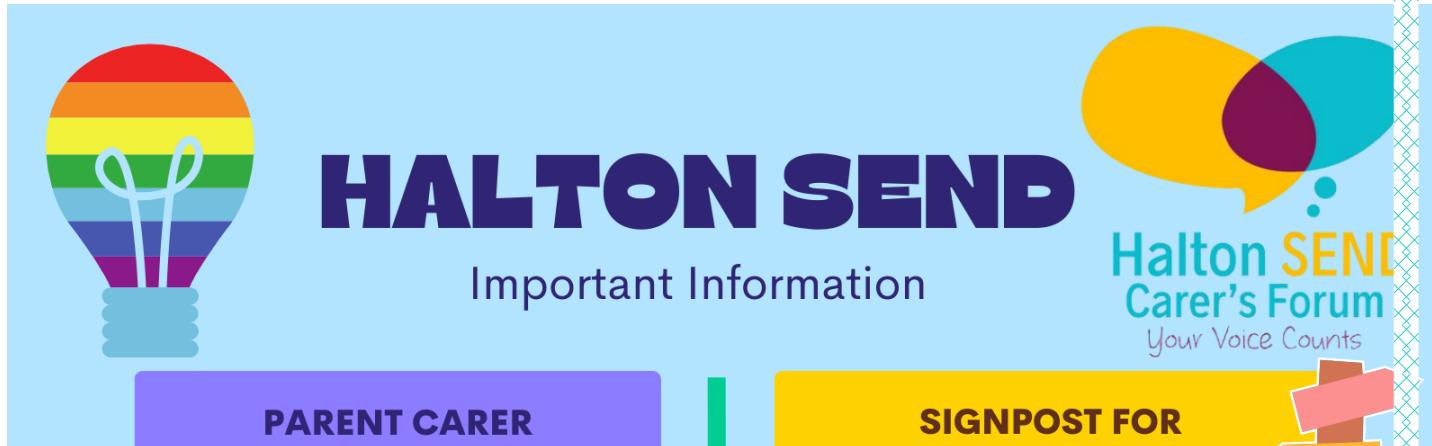
**Facebook page:**

<https://www.facebook.com/HaltonSENDParentCarersForum>

**👥 Closed Facebook group (for parent carers):**

Halton SEND Parent Carers Forum – Closed Group

We regularly share updates, opportunities, and reminders across our channels, so please connect in the way that works best for you.



## PARENT CARER ADVICE / SUPPORT

### 1 Halton Send Parent Carer's Forum



A voice to inform families with children with additional needs of the services in our local area which may be beneficial to your child.

[www.haltonsendcarersforum.org.uk](http://www.haltonsendcarersforum.org.uk)



### 2 ADDvanced Solutions

An open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them.

[www.addvancesolutions.co.uk](http://www.addvancesolutions.co.uk)



### 3 Halton Carer's Centre

Halton Carers' Centre is a network partner of the Carers Trust. We work to reach unpaid young & adult carers and develop services for them across the borough.

[www.haltoncarers.co.uk](http://www.haltoncarers.co.uk)



### 1 MHST

[www.merseycare.nhs.uk](http://www.merseycare.nhs.uk)

Our Mental Health Support Team provides direct mental health support to 45 schools in Halton. We promote the early detection and prevention of mental health problems, strengthen links with mental health services, providing direct, ongoing support around mental health and wellbeing across the whole school.



### 2 KOOTH

[www.kooth.com](http://www.kooth.com)

Kooth is a free digital safe and anonymous platform for support for young people. They have wellbeing activities, journals, discussion boards, tips and a free Chat and messenger option for young people to talk to someone.



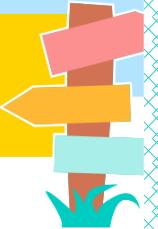
### 3 CAMHS

[www.merseycare.nhs.uk](http://www.merseycare.nhs.uk)

Headz Up Halton drop-in hub  
An informal drop-in café where young people up to 18 years, parents and carers can drop in to speak with a mental health professional for assessment, advice and signposting to local services.

Tues- Brookvale / Thursday Warrington Rd

## SIGNPOST FOR HALTON



### 1 Bridgewater



Bridgewater Community Healthcare NHS Foundation Trust. Here you will find information about all of Halton's Health services

[www.bridgewater.nhs.uk/halton/](http://www.bridgewater.nhs.uk/halton/)



### 2 Sendiass

If you need some advice, guidance or support on any issues that are affecting you or your child then we're here to help. We provide impartial and confidential information and support.

[www.sendiasshalton.co.uk/](http://www.sendiasshalton.co.uk/)



### 3 Family Hubs

A one stop digital platform for Halton residents to use to find services, events, support groups and advice

[www.haltonfamilyhubs.co.uk/](http://www.haltonfamilyhubs.co.uk/)



## SUPPORTING CHILDREN'S MENTAL HEALTH

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# WHAT'S ON FEB 2026



Click & Like



Peer to peer support  
and advice

HaltonSEND PARENT  
Carer's Forum  
Your voice counts

[Halton Send Parent](#)  
[Carers Forum](#)

Informing Empowering Engaging



## PARENT CHECK-IN

- Halton Stadium 5th Feb- 9.30-11.30 am with Ben Holmes
- Heath Café 12th Feb- 9.30-11.30 am
- Heath Café 26th Feb- 9.30-11.30

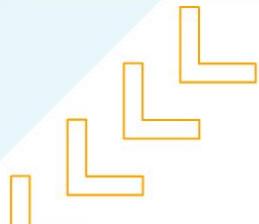
## ZOOM

- Zoom with Michaela Bridge 12<sup>th</sup> February 8-9pm

## EVENTS

- Sync Club 21<sup>st</sup> February
- Hummingbird Date 27th February

**E-MAIL FOR INFO**  
[Info@haltonsendpcf.org.uk](mailto:Info@haltonsendpcf.org.uk)



**contact**  
For families  
with disabled children



Informing Empowering Engaging

# PARENT ADVICE, SUPPORT & **CHECK-IN**



Come and meet other parents on a similar journey to yourself. Get peer to peer advice and support along with a Coffee.



Meet other parent carers



Help shape local services



Share important information



Get support & Advice



Discuss important topics



## CONTACT US



Halton SEND Parent Carers Forum



info@haltonsendpcf.org



haltonsendcarersforum.org.uk



# ZOOM FOCUS

## HBC- EHCP PROCESS

A Q & A with questions being provided in advance so we can ensure that everyone gets the answers they need.



Click & Like



HaltonSEND PARENT  
Carer's Forum  
Your voice counts

## HAVE YOUR SAY

Thursday 12th Feb

Informing Empowering Engaging

If you have any questions regarding EHCP processes for Michaela Bridge or the SEND Assessment team please make sure you submit your questions to us via email by:

**TUES 10<sup>TH</sup> FEB**



**E-MAIL FORUM:**

[Info@haltonsendpcf.org.uk](mailto:Info@haltonsendpcf.org.uk)

**contact**  
For families  
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Carers Forum



# ZOOM HBC UPDATE

With Michaela Bridge

Informing Empowering Engaging

THURSDAY 12TH FEBRUARY- 20.00-21.00 PM

Join us on zoom for a discussion with Michaela Bridge for a Monthly update



zoom link

Meeting ID: 842 1676 8458  
Passcode: 292330

**ZOOM**



**E-MAIL- FOR INFO**  
[Info@haltonsendpcf.org.uk](mailto:Info@haltonsendpcf.org.uk)

**contact**  
For families  
with disabled children



# HUMMINGBIRD ARTS, CRAFTS & PIZZA

join us for our monthly family friendly session at Hummingbird Art studio.



Meet other parent carers



Life Skills



Independance



Friendship



5-7pm  
27 FEBRUARY 2026



Contact us  
[INFO@HALTONSENDPCF.ORG.UK](mailto:INFO@HALTONSENDPCF.ORG.UK)



Visit our website  
[HALTONSENDCARERSFORUM.ORG.UK](http://HALTONSENDCARERSFORUM.ORG.UK)

**REGISTER VIA EMAIL**



HaltonSEND PARENT  
Carer's Forum  
Your voice counts



JOIN US FOR OUR  
**SWRAC WIDNES  
OPEN DAY**

**OPEN FOR  
EVERYONE!**

Our Open Day welcomes parents, carers, potential students, employers, SEN professionals, and anyone with an interest in education and additional needs to explore our college, meet the staff and find out more about what we offer!



**Get to know us!**

**FRIDAY, FEB 20TH  
1PM - 4PM**

Victoria House, Lugsdale Road, Widnes, WA8 6DJ

**CONTACT US**  
0330 2020 383  
[www.swrac.ac.uk](http://www.swrac.ac.uk)

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Specialist College